

EXAMPLE ROTA				
A P R I L 2 0 2 4		4 on 5 off	5 on 4 off	6 on 3 off
MON	1	L	L	L
TUES	2	E	E	E
WED	3	L	L	L
THUR	4	E	E	E
FRI	5	\	L	L
SAT	6	\	\	E
SUN	7	\	\	\
MON	8	\	\	\
TUES	9	\	\	\
WED	10	L	L	L
THUR	11	E	E	E
FRI	12	L	L	L
SAT	13	E	E	E
SUN	14	\	L	L
MON	15	\	\	E
TUES	16	\	\	\
WED	17	\	\	\
THUR	18	\	\	\
FRI	19	L	L	L
SAT	20	E	E	E
SUN	21	L	L	L
MON	22	E	E	E
TUES	23	\	L	L
WED	24	\	\	E
THUR	25	\	\	\
FRI	26	\	\	\
SAT	27	\	\	\
SUN	28	L	L	L
MON	29	E	E	E
TUES	30	L	L	L

KEY	
E	07:45 - 15:30
L	14:45 - 22:30